

The School of
Evolutionary
Herbalism

LESSON 2:
THE PLANETARY PLANT
MEDICINE CHART

THE ASTRO-HERBALISM MINI-COURSE





THE PLANETARY PLANT MEDICINE CHART

| Planet | Herbal Action | Organs | Energetics | Balances These Planets |
|---------|--|--|----------------------|-------------------------------------|
| Sun | Cardiotonic, Circulatory Stimulant, Adaptogen | Heart, Cardiovascular System | Warming & Drying | Moon Saturn |
| Moon | Demulcent, Emollient, Bitter Tonic, Nervine | Stomach, Brain, Breasts, Lymph, Mucosal Membrane | Cooling & Moistening | Sun Mars Saturn |
| Mars | Stimulant, Alterative, Diaphoretic, Immune Stimulant | Blood, Adrenals, Muscles, Immunity | Hot & Drying | Moon Venus Saturn |
| Venus | Diuretic, Astringent, Nervine, Anti-spasmodic | Kidneys, Skin, Bladder & UT, Pancreas | Warming & Moistening | Mars Saturn Mercury |
| Saturn | Tonic, Astringent, Nutritive | Bones, Joints, Teeth, Skin, Spleen, Gallbladder | Cold & Drying | Sun, Moon Mars, Jupiter Venus |
| Jupiter | Alterative, Bitter Tonic | Liver, Digestion, Adipose Tissue, Metabolic System | Warming & Moistening | Saturn Mercury |
| Mercury | Expectorant, Anti-spasmodic, Nervine, Nootropic | Lungs, Respiratory and Nervous Systems | Cold & Drying | Venus Saturn |