



*The School of*  
**Evolutionary Herbalism**

LESSON 2:  
THE PLANETARY PLANT  
MEDICINE CHART

THE ASTRO-HERBALISM MINI-COURSE



# THE PLANETARY PLANT MEDICINE CHART

Planet	Herbal Action	Organs	Energetics	Balances These Planets
Sun	Cardiotonic, Circulatory Stimulant, Adaptogen	Heart, Cardiovascular system	Warming & Drying	Moon Saturn
Moon	Demulcent, Emollient, Bitter Tonic, Nervine	Stomach, Brain, Breasts, Lymph, Mucosal membrane	Cooling & Moistening	Sun Mars Saturn
Mars	Stimulant, Alterative, Diaphoretic, Immune Stimulant	Blood, Adrenals, Muscles, Immunity	Hot & Drying	Moon Venus Saturn
Venus	Diuretic, Astringent, Nervine, Anti-spasmodic	Kidneys, Skin, Bladder & UT, Pancreas	Warming & Moistening	Mars Saturn Mercury
Saturn	Tonic, Astringent, Nutritive	Bones, Joints, Teeth, Skin, Spleen, Gall Bladder	Cold & Drying	Sun, Moon Mars, Jupiter Venus
Jupiter	Alterative, Bitter Tonic	Liver, Digestion, Adipose Tissue, Metabolic System	Warming & Moistening	Saturn Mercury
Mercury	Expectorant, Anti-spasmodic, Nervine, Nootropic	Lungs, Respiratory and Nervous Systems	Cold & Drying	Venus Saturn