



The School of
Evolutionary Herbalism

LESSON 2:
THE PLANETARY
CONSTITUTION CHART

THE ASTRO-HERBALISM MINI-COURSE



THE PLANETARY CONSTITUTION CHART

Planet	Constitution	Organs	Tissue State Excess	Tissue State Deficiency
Sun	Pitta, Choleric	Heart, Cardiovascular system	Heat/Excitation Dry/Atrophy	Cold/Depression
Moon	Kapha, Phlegmatic	Stomach, Brain, Breasts, Lymph, Mucosal Membrane	Damp/Stagnation	Dry/Atrophy
Mars	Pitta, Choleric	Blood, Adrenals, Muscles, Immunity	Heat/Excitation	Cold/Depression
Venus	Vata or Kapha, Sanguine or Phlegmatic	Kidneys, Skin, Bladder & UT, Pancreas	Damp/Relaxation	Wind/Tension
Saturn	Vata, Melancholic	Bones, Joints, Teeth, Skin, Spleen, Gallbladder	Cold/Depression, Dry/Atrophy	Heat/Excitation, Damp/Stagnation, Damp/Relaxation
Jupiter	Kapha, Phlegmatic	Liver, Digestion, Adipose Tissue, Metabolic System	Damp/Stagnation	Dry/Atrophy
Mercury	Vata, Sanguine	Lungs, Respiratory and Nervous Systems	Wind/Tension, Dry/Atrophy	Damp/Relaxation