



The School of
Evolutionary Herbalism

LESSON I:
THE 5 ELEMENTS TABLE

THE ASTRO-HERBALISM MINI-COURSE



THE FIVE ELEMENTS TABLE OF CORRESPONDENCE

	Earth	Water	Fire	Air	Ether
Season	Spring	Autumn	Summer	Winter	Transitions
Humor	Melancholic	Phlegmatic	Choleric	Sanguine	
Organs	Liver	Kidneys	Heart	Lungs	Brain/Perception
Platonic Solid	Cube	Icosahedron	Tetrahedron	Octahedron	Dodecahedron
4 Worlds of Kabbalah	Assiah	Yetzirah	Atziluth	Briah	
Energetics	Cold	Wet	Hot	Dry	
Molecular	Carbon	Oxygen	Nitrogen	Hydrogen	Quantum
Tissue State	Cold/ Depression	Damp/ Relaxation, Damp/ Stagnation	Heat/ Excitation	Dry/Atrophy	Wind/Tension
Herbal Action	Tonic/ Alterative	Diuretic, Lymphagogue	Diaphoretic Stimulant	Expectorant Carminative	Nervine, Psychotropic
Astrological Signs	Taurus Virgo Capricorn	Scorpio Cancer Pisces	Aries Sagittarius Leo	Gemini Aquarius Libra	
Jung's Psyche Function	Sensation	Feeling	Intuition	Thinking	Consciousness
Plant Morphology	Root	Stem	Flower	Leaves	Seed/Fruit